



ESBCHS

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## Peacocke's Principal Points for Parents

Volume 10, January 21, 2019



*Divergent thinking has its upside!*

### **Exam week stress reduction tips**

With final exams starting this week, here are a few tips to consider and share with your child. Hopefully most of these are common practice in your household, but perhaps there are a few new ones to add to the routine. Click the link and check out this brief but helpful list:

<https://myhealth.alberta.ca/HealthTopics/youth-addiction-mental-health/Documents/stressed-about-exams.pdf>

### **Final exams reminders for students - please review these with your child**

As final exams approach, students will need to remember some key information:

1. Make sure you check the final exam schedule so you know when your exams are
  - a. If you have an exam conflict, please see Ms. MacArthur right away to make alternate arrangements
2. All students are asked to bring photo ID to place on their desk to help make taking attendance more efficient and to enhance exam security
3. Students are asked to leave all electronics, cell phones, smart watches, backpacks and jackets in their lockers.



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- a. Students are advised to bring a sweater/sweatshirt/hoodie in case the exam room is cool
4. Students will only be allowed to bring clear water bottles for drinking liquids
5. All students must remain in the examination room for a minimum of one hour
6. Please return textbooks and library materials to the Learning Commons as soon as you are finished with them so they can be processed for semester 2 distribution
7. Now that students have extra time to complete their exams, they are allowed to bring food, but please bring sensible amounts and be aware of the following:
  - i. Please use clear plastic containers or bags only
  - ii. Students need to be conscious of allergies. Students will not be permitted to eat if some is allergic to the food

### **Accountability Pillar survey upcoming in February**

As the dates for the survey approach, please remember that we value your input and we ask that you take a few minutes to complete the survey. This year will be the first time that parents can complete the survey online which will hopefully result in higher participation rates. This survey will be for the parents of Grade 10 students and we hope to announce the survey dates very soon.

### **MyPass reminder**

All High School students should be getting registered on MyPass which allows you to see your course information and, ultimately, your diploma exam marks.

Grade 12's in particular need to ensure they have their MyPass accounts set up prior to February in order to be able to access Diploma Exam results. Alberta Education will send notifications in January however students can initiate the process themselves by going to [MyPass.alberta.ca](http://MyPass.alberta.ca) and following instructions but you must use an email address other than your blackgold address as it expires at the end of June.

### **Thanks for reading!**

I hope you have found this week's message informative and that it gives you a sense of the many great things going on in our school. I always welcome your feedback, so feel free to email me at [chris.peacocke@blackgold.ca](mailto:chris.peacocke@blackgold.ca)

Sincerely,  
Mr. Peacocke