

ÉSBCHS

Student Orientation Package Safe Re-Entry Protocols



What do I need to know about COVID- 19?

- Review the COVID 19 - [Appendix C self-assessment checklist](#) - teachers will ask you these questions at the start of every class.
- Review the [COVID 19 Online online assessment](#) tool
- What's the difference between Quarantine and Isolation
 - A quarantine is when you may have been in contact with someone with confirmed COVID 19 and you will need to stay home.
 - Isolation is when you aren't feeling well and you stay home to not risk spreading to others.
- COVID 19 testing? What does it look like? Feel like?
 - The COVID 19 test is relatively easy and pain free. Nurses are able to take a saliva sample or a swab from your throat or nose. The results are sent to a lab and you are informed within 2-7 days by phone.

How do I protect my health and that of others during this pandemic?

- [Wash your hands frequently. When not possible sanitize!](#)
- Cough in your sleeve etc.
- Hand Hygiene - Importance of hand washing and sanitizer
- Avoid all sharing: school supplies, used hankies, food, etc
- Germs are spread through touching common infected surfaces and respiratory droplets. It is natural to spread droplets by talking, sneezing, coughing
- Clean your desk/work station at the end and the beginning of every class

What is a “baseline condition”? I hear a lot about this.

- Often we have “COVID like” symptoms that are common for us. If you have allergies, it would be common for you to feel itchy or sneeze. Some people often wake up with a runny nose. These are predictable symptoms that we are used to. You know your body best. If you are worried about your baseline symptoms, ask a parent or your teacher. Students that have baseline symptoms are encouraged to go for a COVID test.

What is PPE?

- Personal protective equipment (PPE) are items worn to provide a barrier to help prevent potential exposure to infectious disease. These items include:
 - Gloves.
 - Gowns.
 - Masks and respirators.

- Eye protection such as goggles, face shields, masks with visor
- Plexiglass barriers to create a barrier when social distancing isn't possible.

How do I use a mask correctly?

- It is important to [wear your mask correctly](#).
- You should only touch your mask when putting it on or taking it off.
- Always use washed or sanitized hands when touching your mask.
- The mask needs to cover your mouth and nose.

Why do some people wear face shields?

- Face shields are commonly used when two people have to work closely together and usually for an extended period.

What are cohorts and how do I social distance myself?

- A cohort is simply a group of people who work together for the same purpose. For us, we are staying together to minimize the potential spread of the virus.
- Cohorting limits exposure to others and aids in contact tracing if needed.
- A seating plan will be required in your classes.
- We will minimize movement around the school.
- We have eliminated non-essential school activities.
- Each class will be considered a cohort and efforts to maintain physical distancing even within a cohort will minimize the risk for disease transmission.
- When interacting with people outside the cohort, maintain physical distancing of 2 metres.

What do I need to know about the arrows and signs?

- Arrows are posted throughout the school to show us which way to move in the halls to help avoid crowds and ensure spacing. The arrows need to be followed during peak traffic times. Always respect people's personal space in the hallway.
- You will see stickers showing how far apart to stand when lining up is required such as waiting for the washroom.
- Without lockers in use, there is no reason why social distancing cannot be possible.

What if I need help?

- Help can be almost anything. You can let a teacher, EA, or anyone know that you need some support in an area for extra guidance on work, or mental health, or other, we will do what we can.

Will riding on busses be different?

- All students will need to wear masks on the bus. (Gr. 4 and up). If your bus arrives at the same time as another bus, you may be asked to wait until the other bus offloads. It's always important to remember social distancing.

What do I need to know about students driving to school?

- Students are strongly encouraged to drive with their family members only. If you are unable, be sure to wear a mask when social distancing is not possible.

Where can my parents drop me off/pick me up?

- We want to limit the amount of visitors in our school. We ask that you meet your parents outside at the bus lane in front of the school or in the drop zone in front of the school.

What if I am arriving late?

- As always, please report to the main office and sign in. Please remember to wear your mask.

What if I have to leave during the day?

- Always let your teacher know first if you are leaving during class time. Then, report to the office and sign out according to your schools' sign out policy.

Where do I enter the building?

- To avoid crowding, schools will need to ask students to enter using separate entrances. Please ensure you are aware of the door that you have been asked to enter from.

South East Doors by Room 112 : Grade 12
East Doors by Room 104/106: Grade 11
Front Entrance Doors: Grade 10

Where do I exit the building?

- Please exit using the nearest door available. All exits are available to all students at all times.
- However, please remember that entrance doors are designated as above.
- As a general rule, when class is dismissed at the end of the day students should leave the building as soon as is safely possible.

Why is the bell schedule different?

- BGSD decided to start the school year one week later than scheduled so staff could safely and effectively prepare for your return. We need to squeeze in more teaching minutes to ensure that we meet the minimum amount of hours you must be in class.

Warning Bell	8:22 a.m.
Block 1	8:25 – 9:55 a.m.
Break	9:55 – 9:59 a.m.
Block 2	9:59 – 11:26 a.m.
Lunch	11:26 – 12:10 p.m.
Warning Bell	12:10 p.m.
Block 3	12:11 – 1:38 p.m.
Break	1:38 – 1:42 p.m.
Block 4	1:42 – 3:09 p.m.

Dismissal	3:09 p.m.
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What is Staggered Dismissal?

- To help reduce student gatherings at dismissal, students will be released by their teacher at different times near the regular bell. Students are expected to take all their belongings and exit the school through the nearest door.

End of Block 2

Gr. 10 Courses Dismiss at 11:22

Gr. 11 Courses Dismiss at 11:24

Gr. 12 Courses Dismiss at 11:26

End of Block 4

Gr. 10 Courses Dismiss at 3:05

Gr. 11 Courses Dismiss at 3:07

Gr. 12 Courses Dismiss at 3:09

What if I feel sick during the day?

- Let the staff know immediately of your symptoms.
- You will likely be asked to isolate in a safe area of the school until you are approved to go home or a parent/guardian comes to pick you up. Remember to always notify the office.

When should I stay home?

- If you are not feeling well please stay home. Ask your parents for support as you may need to complete the online assessment.
- Please have your parents contact the school about your absence.
- You should not return back to school (if you have COVID like symptoms and have been directed to get a test) until your test results are negative and you no longer have symptoms.

How do I safely move around in hallways?

- Be sure to watch for visual cues on the floor to help you. Just like driving, always keep to the right. Get in the habit of looking at the floor for arrows. Arrows will tell you which direction you are to proceed. Look for "stand here" stickers in high traffic locations. Some staircases may be marked "up only" or "down only". Social distancing is very important.

Can I sit in common areas? cafeterias? atriums? crush spaces?

- Yes. Masks must be worn even if you are with students in the same cohort. Look for signage for more directions.
- If you are eating your lunch, you may remove your mask. However, please remember your social distancing.

Will the library/learning commons be open? Can I use it?

- Libraries/learning commons will be open and will follow all COVID-19 strategies that support physical distancing. Students will wear masks and use hand sanitizer when entering and exiting.

How will washrooms be affected?

- Signs will be posted regarding washroom protocols. Students must use the washroom closest to their classroom. Students will not be permitted to congregate in the washrooms.
- Washrooms are still a public space so please respect social distancing and wear a mask.

Do I get a locker? Where will I store my stuff?

- Lockers will not be allowed for use to store personal belongings.
- Personal belongings will be stored in the student's backpack only and will need to be brought to school and taken home each day.
- If the students are out of their home base, teachers will remain in the classroom or lock the door when they leave.

Am I allowed my own personal electronic devices?

- You can bring your own computer from home.
- Cell phones are not good devices for doing schoolwork.

How do I log on to the BYOED wi-fi network?

- Open this link and click on "How To Connect" - to show students how to connect to BYOED
<https://sites.google.com/a/gshare.blackgold.ca/bgrs-byod/>

Will I have access to a school computer?

- School Chromebooks will be available to use in the building as required for use by teachers.
- If they are being shared from class to class, teachers will provide sterilizing wipes after use.

Can I Use the Water Fountains?

- Water fountains will be available, but water bottles filled at the filling stations are preferred.

What if I Have a Spare?

- Be responsible and respectful of the AHS and BGSD expectations.
- Use social distancing, wear a mask.
- If you can leave the building, please do so.

What if guests want to enter the building?

- Guests need to be invited in by the school and need to be coming in for educational purposes only. Guests need to be masked and take all precautions.
- 3rd Party food delivery (ex. Skip the Dishes) will not be permitted.

What Will be My Classroom Routines to Remember?

- Students will sanitize their hands as they enter the classroom.
- Masks are **mandatory** where social distancing cannot be provided.
- Students will be assigned a seat for the course and a seating plan will be followed.
- School supplies and materials cannot be shared amongst students
- Students should not be sharing materials with other students.
- Students are reminded to put their masks on when they leave the classroom until they return to their desk.

- Ask students to clear their desks. Pass around paper towel and spray desktops for students to wipe down. They should also wipe down the backs of their chairs and other desk spaces that they touched.
- Have students sanitize their hands as they leave class.

What is Going to Look/Feel Different in the Classroom?

- Students will be in rows.
- Students will be wearing masks in grades 4-12, but may be allowed to remove them if social distancing permits them to.
- Group work and group discussions will happen less often and masks will need to be worn.

Where do I store my possessions during PE? Do I need to get changed?

- You can leave your possessions in the locker room when you have PE. The door will be locked to better ensure the safety of possessions.
- Times to change will be staggered to allow social distancing.

What do I do during my break times ?

- You will be moving to your next class. Please ensure you are following the directional arrows and providing social distancing. Remember that masks are required in halls and public spaces.

What do I do during lunch?

- Remember masks can only be removed when social distancing can be maintained.
- If weather permits, please spend your lunch hour outside where you can get fresh air and have lots of room to enjoy your down time.
- If you remain in the school, please space out and respect social distancing. You are free to find a quiet spot in the hallways to sit. If you use tables and chairs, please be sure to wear a mask if social distancing is not possible.
- You are free to use the atrium but please respect social distancing if you do so.
- Students leaving the school for lunch will be expected to do so through the nearest doorway.

What will I need to do after school?

- You will be expected to leave the school as soon as possible through the nearest possible door. Check in with school staff if you need to remain at the school longer.

What Extracurricular Activities and Field Trips Will I Be Able to Participate In?

- To begin the year, extracurricular activities and field trips have been canceled. As expectations change, activities may be allowed again. The next possible date to revisit these things will be on November 30th.

What is going on behind the school? Why is it a construction zone?

- ÉSBCHS has just started a major expansion! The Alberta government is working with a construction company to build us a second gym, 12 new classrooms, and updating many of our existing CTS labs. This is exciting!
- ***Please do not cross behind construction fences and enter areas that are prohibited.***
- Please respect all construction signs and be mindful of large trucks entering and exiting our parking lots.

Will there be Grads and Farewells?

- Some annual traditions, like grads and farewells, will continue, but may be look differently to meet the restrictions outlined by AHS and BGSD

GUIDED ORIENTATION OF THE SCHOOL

- **Where is my entrance?**
- **Where are the arrows?**
- **How are the use of washrooms different? (capacity)**
- **Are the staircases one-way?**
- **Social-distancing in crush spaces/ tables**